

## Welcome!

A very warm welcome to the Facial Aesthetics Services at Wapping and E14 Dental Centre.

### **General information on Facial Aesthetics**

We hope that you find the enclosed information regarding Facial Aesthetics helpful and please do not hesitate to contact us if you have any further questions.

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### General information on Facial Aesthetics

We offer a range of facial treatments designed to give you a newer, fresher, younger look.

Our face and lips treatments are non invasive, non surgical, quick and virtually pain free.

Face and lips treatments aren't just about vanity, they're about wanting to make the best of yourself and wanting to feel happy with the image you present to the world.

Cosmetic Botox is often used to relax the muscles around the eyes, forehead and mouth but can also be used to treat migranes and excessive sweating of the hands and underarms. Nose to mouth lines and loss of lip fullness are common with age and these can be treated with Dermal Fillers.

**Dynamic wrinkles** these are lines that appear when you animate your face and these can be treated with Botox. The amount used is very small and extremely safe. The effect of Botox treatment usually lasts from 3-6 months but this duration becomes longer after a course of 4-5 treatments.



**Static wrinkles** these are lines that appear at rest and these do not usually improve with Botox and need to be treated with Dermal Fillers. The results of Dermal Fillers last 12 months.



### **Why You Might Need Face And Lips Treatments**

Our face and lip treatments deal with a wide range of issues.

There are certain areas of the face which are commonly affected by wrinkles and these include the forehead, around the eyes and around the mouth, but each individual is different.

Amongst the problems which can be treated by our face and lips treatments are:

- Frown, worry, laugh lines
- Crows feet around the eyes
- Drooping at the corners of the mouth
- Wrinkles around the lips
- Horizontal creases on the forehead
- Nasolabial folds – the lines which are formed by the act of smiling.
- Marionette folds – the lines which extend down from the corners of the mouth.
- Any other folds or creases on the face, such as deep frown furrows.

We can also plump up your lips and make them appear fuller in a natural, non invasive manner.

### **How They Work?**

Botox, is injected into the muscles of the face and has the effect of blocking the signals which would normally tell the muscles to move. Without the contraction and movement in the muscles which would normally take place, the skin over the muscles becomes wrinkle free.

Dermal fillers are a natural, non toxic substance based on hyaluronic acid, which is produced by the body itself. When this is injected into the face with a fine needle it increases the volume of the face in such a way that the wrinkles in the skin are smoothed out.



### What Are “Face and Lips” Treatments?

Our face and lips treatments consist of a small safe painless injection in the relevant parts of the face. These injections will administer Botox anti-wrinkle treatment or Dermal fillers to the areas of your face which are causing you concern.

These treatments work on the underlying muscles which lead to the formation of wrinkles.



### Anatomy of the Wrinkle

Face and lip lines or wrinkles result from the combination of muscle movement and ageing. If you're angry or annoyed you knit your brows together. Underneath your skin your facial muscles contract causing a pleating of the overlying skin and then you're frowning.

For women whose face tends to be more animated than men and whose skin is typically more delicate, these lines may appear exaggerated and more permanent.

Fortunately there is a way to temporarily reduce these lines. Facial rejuvenation treatments can visibly smooth and soften moderate to severe frown lines between your brows.

An improvement can be seen within days and may last up to 4 months, although results may vary.



## Frequently asked questions

### **When will I see results?**

You may begin to notice results within 24 to 48 hours for moderate to severe frown lines, with results lasting up to 4 months.

### **How long is the recovery time after treatment?**

After your treatment, you can resume your day. There is minimal downtime and your specialist may give you specific aftercare instructions

### **How long does the treatment take?**

Your specialist will discuss your treatment goals and perform a facial analysis to determine the appropriate treatments for you. The actual injection process takes about 10 minutes.

### **Does treatment hurt?**

Most patients report that being injected feels like a pinch. Your specialist may use ice to numb the treatment area. If you are concerned about discomfort, your specialist may apply a topical numbing cream before administering your treatment.

## Our Approach

### **Initial consultation.**

We will examine your face and talk through the issues and areas which are concerning you, outlining what can be done to alleviate them. Depending upon the nature and scale of your problems, the decision will be taken as to whether the use of Botox or Filler treatments are more appropriate.

### **Treatment**

Although the injections are very small and virtually painless, some patients may choose to take up the option of having the areas in question numbed with an anaesthetic cream or ice pack.

The treatment will be administered using small, very fine needles. Most patients describe the treatment as feeling no worse than tiny pin pricks.

### **Follow up**

In the case of Dermal Filler the effect will be instantaneous, whereas Botox injections may take up to 7 days to take effect. Where Filler is administered a touch up appointment is required 2-4 weeks later to help to achieve the very best effects possible.

Smoothing out folds and wrinkles by adding volume can make an enormous difference to your appearance and can roll back the years in a matter of minutes, making you look as young on the outside as you feel on the inside.

Face and lips treatments aren't just about vanity, they're about wanting to make the best of yourself and wanting to feel happy with the image you present to the world, being happy with your face means being happy with who you are and that can only be a good thing

### After treatment what can be expected

Immediately after Botox treatment you can expect a slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result and the discomfort is temporary and generally disappears in a few days.

When it comes to Dermal Fillers or Lip Augmentation the swelling may last a little longer. During this time the lips can look somewhat uneven and this means that the result directly after the treatment should not be regarded as the final result.